

# SODAS

SODAS is an acronym created to help students remember several key tips for writing successful psychology FRQs.

- **S**pace it!
- **O**rders
- **D**efine
- **A**pply
- **S**ynonyms Please

## **S**pace

Students should leave about five lines blank between each separate component of their answer.

*Note: The FRQ directions will tell students not to skip lines, but this refers to skipping every other line. The SODAS spacing is acceptable.*

## **O**rders

Students should answer the components (often presented in bullets) in the same sequence that they are listed in the question.

## **D**efine

Students should briefly explain each concept using specific psychological terminology that indicates an understanding of the topic.

## **A**pply

Students should relate each of the terms in the question to the scenario or connect the terms as directed in the question paying particular attention to specific instructions.

## **S**ynonyms

The students should not use the term in the definition or application alone. Use a synonym!