

Sketching Your Brain

Your overall task is to sketch your brain based on the thoughts that you have on a daily basis.

It must include:

1. **List all of the things that you think about** during the course of a normal day.
 2. Assign **percentages** to each of these items that reflect **how much time and cognitive energy** is devoted to each item. Percentages should add up to **100%**.
 3. **Fill your brain with your thoughts**, devoting the **appropriate amount of space** to each thought based on the percentages determined in step 2.
 4. Additionally, you should **apply** your knowledge of brain anatomy by **determining where within the brain these thoughts might occur**. For example, if you devote a large amount of your day to thinking about TV (a visual activity), you might have a correspondingly large area in the rear of your brain devoted to TV, as this is where the occipital lobe is.
 5. **Color your brain** so that these **distinct thoughts (and regions) are highlighted**.
 6. **Write a summary of your brain mapping in paragraph form**. Give details & explain how your %s match up to the location and parts of the brain that correspond with those items.
-

1. **List of thoughts with % (all of them must equal 100%):**

2. **Rough Draft:**





